



GRACE ELLIS

WELLNESS COORDINATOR



SHE/HER/HERS



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EDUCATION

B.A. Public Health and MPH
Behavioral and Community Health -
University of Iowa

DESIGNATIONS

Certified Health Education Specialist
(CHES)
Master of Public Health (MPH)

FAVORITE QUOTE

"Que sera, sera."

Grace Ellis joined the MJ team as a wellness coordinator in our Benefits Consulting department. Working with the rest of the population health + wellness team, Grace develops innovative, data-driven strategies for improving the health of our clients' employee populations. Building on these insights, Grace and the team provide tactical and strategic recommendations that seamlessly integrate with our clients' employee benefits offerings.

Before joining MJ, Grace worked as a health promotion assistant, where she connected clients to various resources and upcoming events designed to support all aspects of their wellbeing. Her passion for the health and wellness industry, combined with a commitment to delivering dynamic solutions, makes Grace an invaluable member of the team.

When Grace is not in the office, she likes to attend Pilates classes or go on hikes! Additionally, she enjoys reading a good book or solving Sudoku puzzles.