




ALCEE HART

POPULATION HEALTH + WELLNESS
STRATEGIST

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 LINKEDIN.COM/IN/ALCEE-HART

EDUCATION

B.S. in Exercise Science
– Arizona State University

EXPERTISE

Wellness

FAVORITE QUOTE

“Everyone you meet is fighting a battle you know nothing about, Be Kind”

Alcee (Ace) Hart joined the MJ team as a population health and wellness strategist in our Benefits Consulting department. Working closely with the wellness team, Alcee plays a crucial role in shaping our client’s wellness initiatives and creating impactful health management plans that seamlessly integrate with their employee benefits offerings. In addition, he collaborates with the analytics team to analyze and interpret data, transforming it into actionable insights that drive positive change and measurable results.

Prior to MJ, Alcee gained extensive knowledge within the wellness space by working in roles such as a wellness program manager and fitness coach. Through these experiences, he discovered his true passion for helping clients develop comprehensive corporate wellness plans through analytical and solution-based strategies. Alcee’s dedication and desire to assist others make him an invaluable asset to our team and clients.

Outside of work, Alcee embraces a healthy lifestyle and loves staying active. Whether he’s strength training or shooting hoops with friends, he believes that prioritizing health is essential for a happy life. When he’s not at the gym, Alcee can be found reading self-help books as he’s constantly seeking new insights and inspiration for personal growth. He finds that reading not only enriches his mind but also complements his commitment to living a balanced and healthy life.