



ANN POLAND

COMPLIANCE DIRECTOR



317 805 7576



ANN.POLAND@THEMJCOS.COM



[LINKEDIN.COM/IN/ANNPOLAND/](https://www.linkedin.com/in/annpoland/)

EDUCATION

Ball State University

Ann Poland joined the MJ team in 2009 as the employee benefits department manager, bringing with her a vast knowledge of the industry. She was subsequently promoted to compliance director in our Benefits Consulting department. In her role, Ann is responsible for identifying, evaluating, reporting, reviewing, and communicating regulatory requirements to our employee benefits clientele. She consults with clients on health and welfare compliance issues regarding eligibility, plan administration, and other federal legislation. Ann performs in-depth legal research and analysis with the goal of helping clients choose the appropriate option to navigate increasingly complicated compliance requirements safely.

Prior to joining MJ, Ann worked as the director of legislative research and compliance with a national third-party administrator. With over 28 years in the insurance industry, Ann has held various roles, such as legal assistant, manager of annuity administration, and assistant vice president of agent licensing and commissions. Her vast knowledge and expertise in employee benefits compliance and legislation have made her a true asset in the Benefits Consulting department and throughout the organization.

When she's not working, Ann is passionate about spending time with her family and even hopes to travel around the U.S. with her husband.

